

## REVERE COURT

MEMORY CARE

Monthly Caregiver Educational Seminar

**Tuesday:** 

**January 17** 

At 2:00pm

"Compassionate Communication"

## Presented by:

Felicia Juntunen, CMC, ECM Director of Care Management w/Elder Care Management

Light refreshments will be provided

Some of the hardest and most vital conversations we will ever have are with our aging parents when we discuss their wishes regarding their hopes and desires for the future. Do they want to remain at home or live in a retirement or senior care facility? Is a family member in a position to provide in-home care, and to what extent? Are the family's financial resources sufficient to cover the costs of inhome care or assisted living? Have the parents created their Advance Health Care Directive? These conversations can be emotionally charged for both the parents and their children but involve topics that should be addressed to smooth decision-making about the future. Clarifying decisions together also helps all family members understand the basis for aging parents' choices and can reduce conflict when a crisis arises. This presentation will help guide

RSVP By January 13<sup>th</sup> **At 916-392-3510** 

you through these very difficult conversations.

Revere Court Day Club offers socialization, supervision, assistance, and activities from 8:30am to 5:30pm, Monday through Friday in our clubhouse. We offer families the opportunity to "recharge" for the day while your loved one enjoys themselves.

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