

## REVERE COURT

MEMORY CARE

## "Loving Someone Who Has Dementia"

How to find hope while coping with stress & grief

Book Study & Discussion Group for Family Caregivers

Thursdays-

November 4th, 11th & 18th December 2nd, 9th & 16th

From 10-11:30am

Presented by:

Julie Interrante, MA
<u>Author</u>

Engaging the Wisdom of Your Soul

At Revere Court Memory Care we understand that dementia affects whole families

Each person with memory loss, and his or her family, experience different challenges and needs, which vary at different times during their journey.

Revere Court Memory Care is a state-of-the-art community providing quality of life to persons with

Alzheimer's and other dementias, and to their family who care for them

At Revere Court, we realize that each family needs different services at different times. That is why we've

designed a whole spectrum of programs to meet those changing needs

For families looking for services out of the home that offer their loved one the opportunity to be with others in a safe, stimulating and happy environment, Revere Court offers three different services, Day Club, Respite & Residential Care at our beautiful and secured three and a half acre campus in Sacramento's Greenhaven/Pocket Area:

If you are a caregiver who loves someone with dementia or any of the dementia related diseases, we invite you to join Julie for an amazing journey through this book by Author Pauline Boss, PhD.

## From the book cover:

"Loving Someone Who Has Dementia is a much needed guide that offers proven strategies for managing ongoing stress and grief. Dr. Pauline Boss outlines seven guidelines for staying resilient while caring for someone who has dementia and offers hope when experiencing "ambiguous loss"-having a loved one both here and not here, physically present but psychologically absent."

The experience of ambiguous loss is a major component of loving someone with dementia. As is so beautifully stated on the book jacket by Francine Russo, "This ground-breaking therapist takes the struggling reader by the hand and offers new and very specific ways to find a path from helplessness and despair to peace and strength."

Books to be purchased prior to the book study at Amazon.com or at

ambiguousloss.com

Space is limited

RSVP By November 1st at 916-392-3510

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